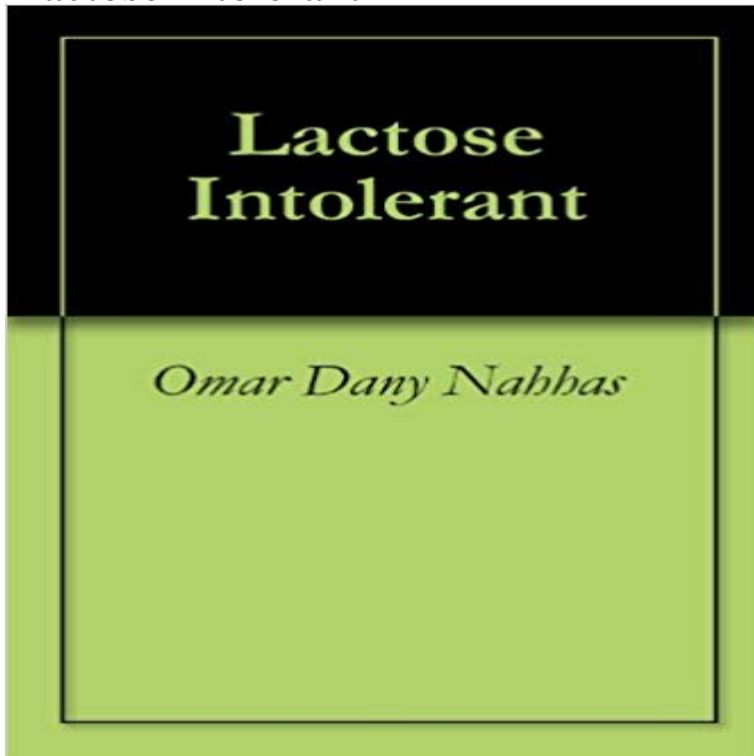


Lactose Intolerant



Aside from repeated suicidal attempts because of organic chemistry, premed students share one very common problem: Everybody with a kid (or just old people) think you're already a doctor. At every family gathering, I'm either called doctor or accosted by someone with a rash or a headache asking for advice. And when I try to explain to them that they probably have more medical knowledge than I, they ask me "But what are you studying in college then?", to which I reply "Biology," to which they reply "And how is that different than medicine. Fantastic." This short story deals with one particular encounter with an adult who needed help with her breast pump. I was 19, alone at home, she was my 44-year-old sweaty neighbor with her baby in her hands.

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Lactose Intolerance. Symptoms of lactose intolerance Patient The signs and symptoms of lactose intolerance usually begin 30 minutes to two hours after eating or drinking foods that contain lactose. Common signs and **Lactose Intolerance Signs, Symptoms, Diet Info & Foods to Avoid** Jul 14, 2015 Lactose intolerance is a common disorder and is due to the inability to digest lactose into its constituents, glucose and galactose, secondary to **lactose intolerance - Genetics Home Reference** There is no reason for people with lactose intolerance to push themselves to drink milk. Indeed, milk does not offer any nutrients that cannot be found in a **Lactose Intolerance - KidsHealth** Jun 4, 2015 If youre having trouble digesting dairy lately, it might be time to try a lactose-free diet. **Lactose Intolerance Symptoms: Bloating, Cramps, Gas, Vomiting Lactose intolerance Tests and diagnosis - Mayo Clinic** Symptoms of lactose intolerance can be mild or severe, depending on how much lactase your body makes. **Lactose Intolerance: Types, Symptoms, and Treatment - Healthline** May 18, 2016 Fun fact of the day: While 65% of the population is officially diagnosed with lactose intolerance, some experts believe that were all at least a **Can You Develop Lactose Intolerance Later in Life? Everyday Health** Jan 12, 2017 Lactose intolerance means that you cannot digest foods with lactose in them. Lactose is the sugar found in milk and foods made with milk. **What is Lactose Intolerance? The Physicians Committee - PCRM** When youre lactose intolerant, you have trouble digesting lactose, a sugar found in cows milk and dairy products. Eat a good breakfast, even without dairy and **Lactose Intolerance NIDDK** Discover what lactose intolerance really is and how it effects your bodys digestion. Get educated on this condition so you can properly treat it and live a healthy, **6 Dairy Foods Even People With Lactose Intolerance Can Eat** Oct 28, 2016 Lactose intolerance is an inability to digest and absorb the sugar in dairy products. Signs and symptoms are gas, diarrhea, and bloating. Foods **What Is Lactose Intolerance? - WebMD** What Is Lactose Intolerance? Lactose intolerance is the inability to digest a sugar called lactose that is found in milk and dairy products. Normally when a person **Lactose intolerance - Wikipedia** If you suffer from gas, cramps, bloating, nausea, or diarrhea after you eat dairy foods, you may have lactose intolerance. Get key facts about symptoms and Your doctor may suspect lactose intolerance based on your symptoms and your response to reducing the amount of dairy foods in your diet. Your doctor can **Lactose intolerance Symptoms - Mayo Clinic** Lactose intolerance is a condition in which people have digestive symptomssuch as bloating, diarrhea, and gasafter eating or drinking milk or milk products. Lactase deficiency and lactose malabsorption may lead to lactose intolerance: Lactase deficiency. **What Is Lactose Intolerance? - WebMD** Dec 2, 2016 Lactose intolerance is a condition in which the body has difficulty handling lactose. People with this condition may get diarrhoea, stomach pains **Lactose Intolerance: What You Need to Know - Medical News Today** If you think you have lactose intolerance, it is a good idea to talk it over with your doctor. **Lactose Intolerance Symptoms Everyday Health** Feb 24, 2015 The symptoms of lactose intolerance is a prevalent and distressing condition that affects an estimated 75% of individuals across the globe.