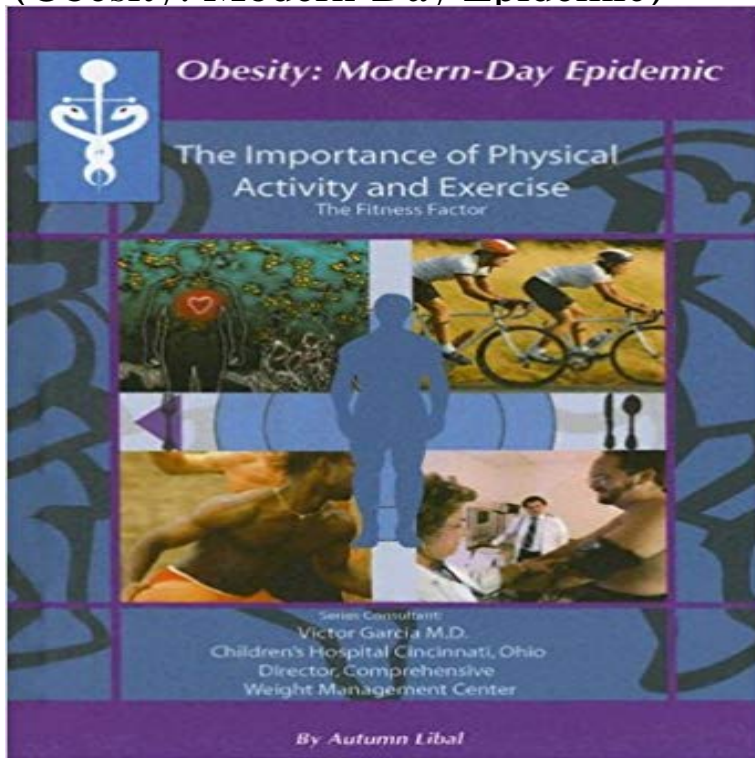


The Importance of Physical Activity and Exercise: The Fitness Factor (Obesity: Modern-Day Epidemic)



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