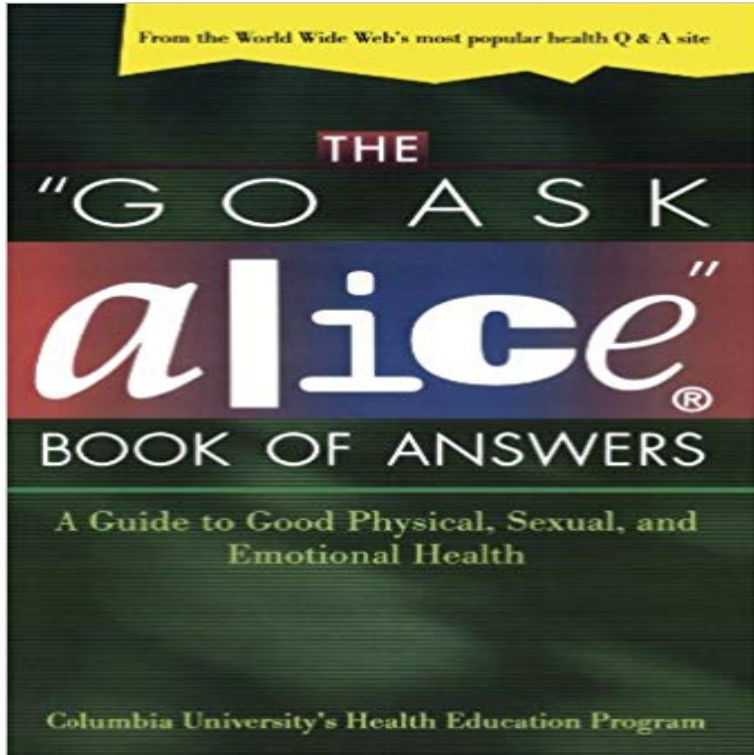


The Go Ask Alice Book of Answers: A Guide to Good Physical, Sexual, and Emotional Health



A frank, streetwise Our Bodies, Our Selves for young men and women. Whats the best way to minimize a hangover?Is it normal to have sex without experiencing an orgasm?How can you tell if a friend of yours is suffering from an eating disorder?Does smoking pot have long-term consequences?Does Seasonal Affective Disorder really exist?These are the questions young people are asking ... and until now, theres been no reliable book that has provided sensible, honest, and comforting answers specifically for this audience. The Go Ask Alice Book of Answers is a groundbreaking guide that mines the best material from the eponymous award-winning Web site. From sex and relationships to alcohol and drugs to fitness and nutrition, this comprehensive handbook is the first of its kind to provide much-needed information for young adults who cannot get reliable or anonymous information from conventional channels.

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