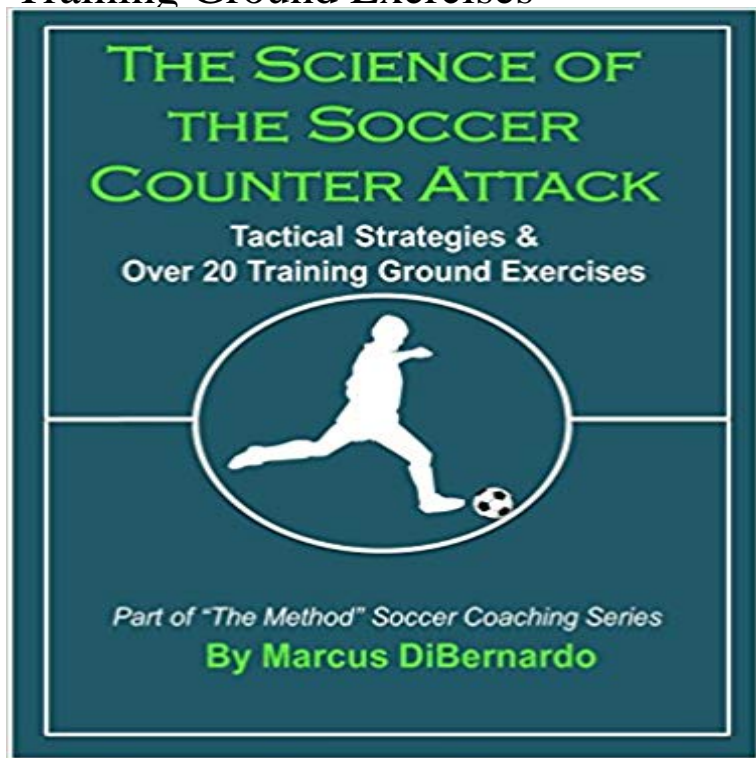


# The Science of the Soccer Counter Attack: Tactical Strategies & Over 20 Training Ground Exercises



In the modern game, many teams now employ tactics that are solely based upon defending deep, drawing the opponent out and then looking to counter attack when the opportunity arises. A counter attacking style limits the risks of conceding goals, while still providing plenty of chances to score. Top teams who are always under pressure to earn points in order to challenge for titles like the security a counter system offers. A team that defends well as a unit and counters with precision is a skillful and effective team. Playing in such a way requires discipline, skill, tactical intelligence and commitment. The Science of The Soccer Counter Attack not only offers counter attacking tactical insight, it also includes over 20 professional counter attacking drills ready for use with your team.

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