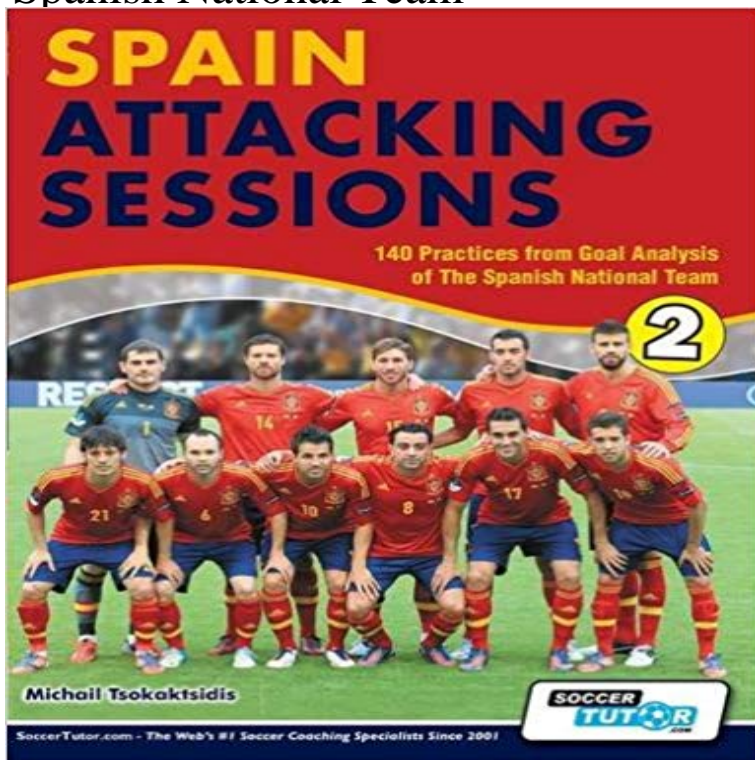


Spain Attacking Sessions - 140 Practices from Goal Analysis of the Spanish National Team



This is your chance to train your team to play like the best national side in the world, Spain. Michail Tsokaktsidis is a UEFA A Licence coach and has provided a full and extensive analysis of the Spanish National Teams best goals during the 2008-2012 period when Spain won Euro 2008, the World Cup 2010 and Euro 2012. This goal analysis has been used to produce 31 ready-made sessions (140 practices) including functional technical practices, patterns/phases of play, possession games, transition games, opposed/unopposed zone play and small sided games. You, the coach, can learn how to train your team in the same style as Spain and adapt your own training methods to produce outstanding results. This book includes chapters on how to play in all the different phases of the game and against various different oppositions and formations. The first 3 chapters are based on attacking against teams which defend in the low, the middle and the high zone. Chapters 4, 5 and 6 focus on the transition from defence to attack in the low, middle and high zone. You can learn exactly how Spain found attacking solutions for every tactical situation with sessions such as Passing through the Midfield Line in the Centre, Fast Break Attacks, Transition to Attack from the Low Zone: Passing through the Lines, Quick Transition to Attack when Defending a Corner Kick and Attacking in and Around the Penalty Area. Michail Tsokaktsidis is the same author that wrote the Jose Mourinho Attacking Sessions - 114 Practices from Goal Analysis of Real Madrids 4-2-3-1 book which includes 30 ready-made sessions (114 practices) from Goal Analysis of Real Madrids La Liga winners in the 2011-2012 season. Spain Attacking Sessions is the second in the series of Attacking Sessions books, with more to follow.

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