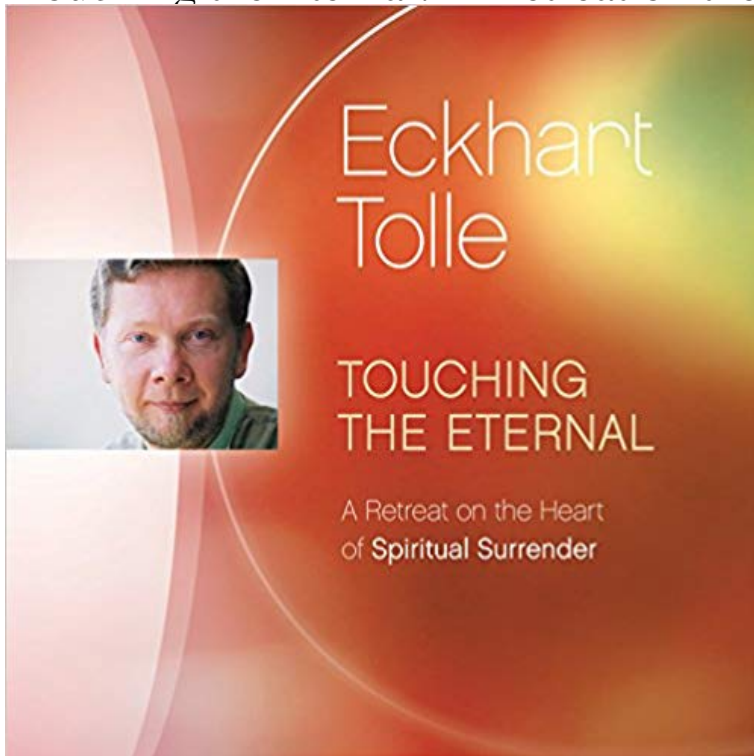


## Touching the Eternal: A Retreat on the Heart of Spiritual Surrender



Honoring the Evolutionary Impulse to Realize Our Essential Nature Before there was darkness or light or the universe itself, there was stillness. Beyond time, space, and form beyond birth and death it continues. And this is who you are in your most essential nature. With Touching the Eternal, join Eckhart Tolle on retreat in India to rediscover the universal destination charted by the world's wisdom traditions: the possibility of awakening to the truths beyond words. Transcending Conventional Ideas of Time and Self Reminding us not to mistake the map for the territory, Eckhart shares here many of his hallmark pointers to presence. By surrendering to the present moment, we find that awakening is not something to be achieved in the future it is within us right now. Illuminating common struggles of the spiritual seeker, Eckhart helps us release compulsive thinking, resistance to the now, addiction to suffering, and limiting spiritual beliefs. In the awakened state of consciousness, he explains, we can relate to both time and timelessness. We don't need more of anything including time because we know that we are already complete. The eternal stillness that preceded the Big Bang exists within you it's never gone away, explains Eckhart. Our task is to move from an absurdly limited sense of self into the spaciousness of the eternal Self. Touching the Eternal is a life-changing program to help you catch what Eckhart calls the evolutionary impulse, and realize the depths of freedom, wisdom, and peace that can be accessed within.

**Highlights**

- Practicing inner observation to work with egoic resistance
- The connection between surrender and compulsive thinking
- Meeting discomfort in a state of yes
- Stillness as the foundation of the phenomenal world
- Liberating insights on death and dying
- More than 15 hours of teachings for touching the timeless consciousness from which all things arise

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