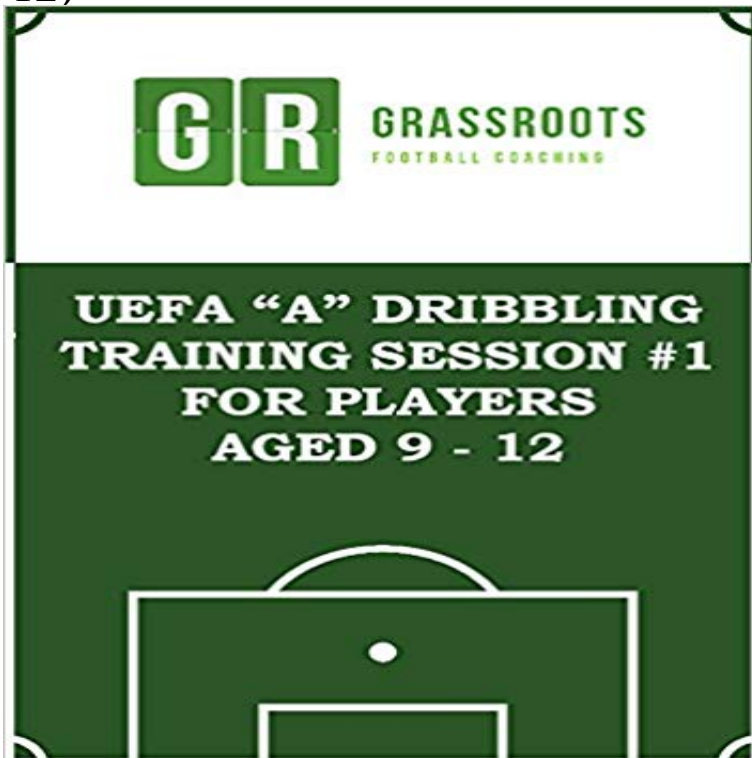


Dribbling - UEFA A soccer training programme to improve dribbling for 9 - 12 year olds (Soccer Coaching training sessions for players aged 9 to 12)



Tony Pulis English Premier League Manager of the Year 2014 says Coaches need to be organised and training sessions structured and progressive, so the players can enjoy their training and develop and improve as players. These e Books provide the opportunity to see, understand and then go out and coach age relevant dribbling and ball manipulation training sessions. An invaluable training aid for all coaches who want to develop and improve and provide the best training experience for their players This e book has been written and designed by English professional soccer player, UEFA A Licensed coach, vastly experienced English FA coach tutor and owner of www.grassrootscoaching.com one of the worlds leading soccer coaching resources, Mike Trusson. Using all his experience of coaching young players Mikes objective is to provide coaches with a one stop training session on developing and improving dribbling and ball manipulation for players aged 9 12. The training session contains 5 linked and progressive practices on improving and developing players all important game related dribbling and ball manipulation techniques and skills Using jargon free, progressive text and graphics the e Book simply explains each practice, from the organisation, purpose, structure to providing top coaching tips. All 5 practices are then linked to ensure the coach has everything they need to ensure their players have a focused, organised, progressive and enjoyable learning and coaching experience.

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