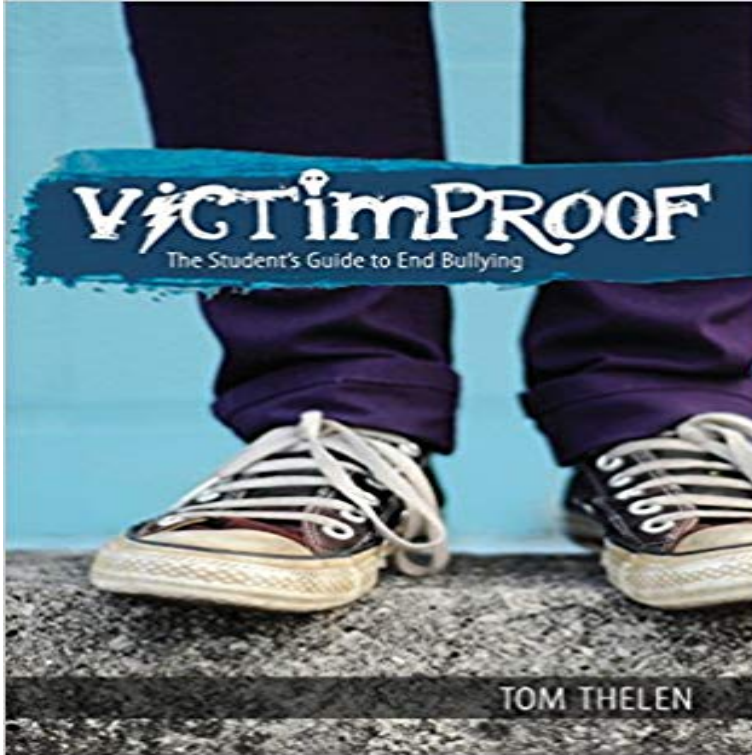


VICTIMPROOF - The Students Guide to End Bullying: Americas #1 Anti-Bullying Program



Most students have been taught to report all bullying! but theyve never been given the tools to prevent it in the first place. In Victimproof, author Tom Thelen shows students how to end bullying from the inside out. The message teaches students how to recognize and respond to bullying, so each of them learns how to BE THE CHANGE! on their school campus. Using his own life story, Tom shows students how to become Victimproof! You cant control whether or not you get bullied, but you can control whether or not you become a victim. Tom Thelen

STUDENTS DISCOVER HOW TO: Drop the Victim Mindset, Take Responsibility for Life, Break Free From Hurts & Insecurities, Apply Bullyproof Strategies That Work.

TABLE OF CONTENTS: **MODULE A - THE #1 WAY TO STOP BULLYING:** - CH 1: Victimproof How To Drop The Victim Mindset - CH 2: Bullyproof Set Boundaries With Bullies - CH 3: Be The Change From Bystanders to Upstanders

MODULE B - ENDING BULLYING FROM THE INSIDE-OUT: - CH 4: Character Discover The Power of Choices - CH 5: Self-Esteem Accept Yourself to Become Yourself - CH 6: Self-Discipline Kick Yourself In The Butt

MODULE C - ENDING BULLYING FROM THE OUTSIDE-IN: - CH 7: Honesty Become a Trustworthy Person - CH 8: Respect Live a Life of Honor - CH 9: Responsibility Own Your Life & Choices

MODULE D - LEADING THE ANTI-BULLYING REVOLUTION: - CH 10: Purpose Discover Your Unique Contribution - CH 11: Teamwork Join a Cause Greater Than Self - CH 12: Leadership Lead Your Vision to Reality - CH 13: **BONUS CHAPTER - Secrets to Success** At the end of the book, students sign the **VICTIMPROOF PLEDGE** and make a personal commitment to drop the victim mindset and stand up to bullying.

QUESTION 1: Is Victimproof appropriate

for all ages? ANSWER: Victimproof is appropriate for all ages, however, it is geared toward Upper Elementary, Middle School, and High School Students. Victimproof is also used for student-led Anti-Bullying Groups at both the High School and College level. QUESTION 2: Does the program contain any political or religious content? ANSWER: No. Tom's message includes universal values that we all agree on like Respect, Responsibility, and Self-Esteem. TOM DOES NOT SPEAK on the topics of politics, religion, or sexuality. At Character Programs, we believe these topics are best discussed between students and their parents. VIDEO CURRICULUM: Purchase the accompanying DVD Curriculum with 30 video lessons for students. Includes group discussion questions. Watch a free preview at www.Victimproof.com.

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Thelen shows students how to end bullying f . 2,0 von 5 SternenThere are some nice anecdotal stories but it basically is

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